

## PRAYING PSALM 144

“Happy are the people whose God is the Lord” (Psalm 144: 15)!

This psalm contains much that is found in other psalms. 1. ASCRIPTION OF PRAISE (1-4). To David God was his: Rock, Lovingkindness, High Tower, Deliverer, Shield, Refuge. He was also a God who was mindful of David as a man. 2. APPEAL IN PRAYER (5-8). Stretch out Your hand from above. Rescue me out of great waters. 3. ASCRIPTION OF PRAISE (9-10). I sing a new song. I will sing praises to You. 4. AFFIRMATION OF PRINCIPLE (15). Happy are the people whose God is the Lord.

If you were asked, “What is God to you” how would you answer? David’s understanding of God came from His personal experiences with God. David experienced God as strong, as having a perfect knowledge of everything, as loving, as a protector, as a helper, as a rescuer. You learn to know God from your experiences. If you do not know God by experience, you only know about Him. Build your faith on the God you know personally. You can sing praises to that God. When you learn to trust God by experience, you can dwell in the knowledge of His goodness and His love. Psalms 1 begins with the happy man who delights in the Lord through obeying His law. Psalm 144 ends with the happy man who has experienced the God of revelation. Keep trusting in the God you know by experience. Keep your hand stretched toward Him. Keep praising that God. Keep lifting your hands in surrender. You will know by experience what it is to be a happy Christian.