

## PRAYING PSALM 28

It is believed that David wrote this during a time of national calamity. This prayer can be helpful in our distresses, no matter what kind. There are five stages of David's prayer. 1. INVOCATION (1-5). Help me. Hear me. 2. SUPPLICATION (4-5). Give them what they deserve. They don't regard the works of the Lord. 3. EXULTATION (6-7). Bless the Lord – He heard me. The Lord is my strength and my shield. 4. INTERCESSION (8-9). Save Your people. Bless Your people. Shepherd Your people.

Sometimes when you pray, you may start somewhere and end up somewhere else. That's OK. It is normal to move forward when praying in ways you hadn't anticipated. David did. Frequently when this happens, you are following the leading of the Holy Spirit. Allow time and occasion for the Spirit to lead you.