

PRAYING PSALM 30.

“O Lord my God, I cried out to you and you healed me. You brought my soul from the grave; You kept me alive that I should not go down to the pit” (Psalm 30:2-3).

After David’s sin of numbering the people 70,000 people died in a plague, and it appears David became gravely ill. This psalm records David’s prayer of remembrance after the Lord healed him. 1. DAVID’S PRAISE (1-5). “I will extol you, O Lord... You brought my soul up from the grave (1, 3). “Weeping may endure for a night, but joy comes in the morning.” 2. DAVID’S CONFESSION (6-7). “In my prosperity I said, ‘I shall never be moved. Lord, by your favor you have made my mountain (kingdom) stand strong; You hid your face, and I was troubled.” 3. DAVID’S SUPPLICATION (8-10). I cried out to you. What profit is there in my death? Have mercy on me and help me. 4. DAVID’S TESTIMONY (11-12). Notice what God did for David. “You have turned my mourning into dancing.” Notice why God did it. “To the end that my glory may sing praise to you.”

Some sicknesses are because of chastisement, and some chastisements lead to death. In such cases healing depends on repentance. Not to repent can lead to death. David’s illness was because of chastisement. He apparently didn’t repent at first, and the Lord dealt with David severely. The consequences were both physical and emotional, but the cause was the sin of pride (6). If David had not confessed his sin, he would have died, and he knew it. Christians are often afflicted by physical and/or emotional consequences of sin and rebellion. The severity of the sin determines the severity of chastisement (I Corinthians 5:5; 11:27-32). See James 6:13-16 for instructions on help and prayer when sickness remains. If your sickness remains for no good reason, ask the Holy Spirit to search to see if there is unconfessed sin in your life.