

PRAYING PSALM 32

“Blessed is the man whose transgression is forgiven, whose sin is covered” (Psalm 32:1).

David wrote this after his sin with Bathsheba. For nearly a year, David hid his sin until Nathan confronted him. The humility of David is seen in the committing of this psalm to the chief musician for public worship.

The psalm deals with five aspects of restoration from a moral fall. 1. CHASTITY (1-2). A person guilty of the sin of immorality can't be restored to fellowship until repentance is evident by chastity. David was blessed because: his transgression was forgiven, his sin was atoned for (covered), the Lord did not ascribe iniquity to him. That means the Lord cleared him of guilt. David's confession and repentance resulted in a pure spirit. 2. CHASTENING (3-4). David's chastening was manifested in sickness and depression. David was afflicted when his fellowship with God was broken. 3. CONFESSION (5). David acknowledged his sin to himself. He disclosed his iniquity. He confessed his transgression to the Lord, and the Lord forgave him. 4. CONFIRMATION (6-7). Notice David's statements: You are my hiding place. You shall preserve me from trouble. You shall surround me with songs of deliverance. 5. CONCLUSION (8-11). God answered David: I will instruct you in the way you should go. I will guide you with My eye. He who trusts in the Lord, mercy shall surround him. That means that he will receive another chance.

God promises complete restoration to all who repent from immorality. That includes the restoration of chastity (moral purity), just as though you had never fallen. It also includes the restoration of a pure spirit. Then it is up to us to heed the instruction of the Lord, to follow His leading, and to trust His mercy in starting again.