

PRAYING PSALM 34

“I will bless the Lord at all times; His praise shall continually be in my mouth” (Psalm 34:1).

This psalm belongs to the period when David was a fugitive in Philistine country, at the court of Achish King of Gath. David was spiritually strong. He was dealing with conflicts of faith. He was filled with fears and doubts. This was all happening at the same time.

The psalm is divided in two parts: 1. A SONG (1-10). He praised the Lord for saving his life. He boasted in the Lord. He encouraged others to join him in praise. He sought the Lord, and the Lord heard him. David appealed to others to help the Lord. 2. A SERMON (11-22). Keep your tongue from evil. Cry out to the Lord. The Lord sees the righteous and hears their cry. The Lord is near to those who have a broken heart. He saves those with a contrite spirit. He delivers the righteous from afflictions. He protects our whole being. Evil shall slay the wicked, but not the righteous.

It is easy to sing when things are going well. Try singing when things aren't going well. Bless the Lord at all times. Magnify the Lord. Exalt His name. Seek the Lord; He will hear you. “This poor man cried out, and the Lord heard him, and saved him out of all his troubles.” When you bless the Lord, He encamps all around you and delivers you. When you start singing, others will sing with you. Sing, and let your song be a sermon to others. You can't sing and speak evil at the same time.