

## PRAYING PSALM 44 PRAYING PSALM 44

“You drove out the nations... But You have cast us off...” (Psalm 44:2, 9).

This psalm is a lamentation over Israel’s distress and failure. 1. PRAISE FOR PAST DELIVERANCES (1-8). God’s past deliverances are the ground for present hope. Deliverance comes from God, not ourselves. We will boast in God. 1. PROTEST TO PRESENT DEFEATS (9-22). Israel’s problems were the result of God withholding His blessings. This, however, was not a result of sin. Israel’s problems were for God’s sake (purpose). 3. PRAYER FOR FUTURE DELIVERANCE (23-26). Awake. Arise. Redeem us because of your mercy.

When you experience unexplainable defeats, it is good to begin your prayers with praise for what God has done in the past. Remind yourself that deliverance comes from God. Not all difficulties are because of sin. Victories come slow when the timing is not right or when God is trying to teach you something. Boasting in God helps you keep your mind off yourself. Delays are a time for introspection and self-evaluation, but don’t get stuck there. Keep looking to the One who has delivered you in the past.