

PRAYING PSALM 5

“My voice you will hear in the morning... In the morning I will direct it to you and will look up (Psalm 5:3).

This is a morning prayer. Morning may not work for everyone, but it is the ideal time to get alone with God. Personally, prayer is at its best when I begin the day with it. It is easier to “look up” before I start looking around. It is easy to allow the events of the day to dictate our peace, rather than allowing the peace of God to guard us throughout the day.

David asked God to consider his meditations. Meditations are part of the listening side of prayer. It is my favorite way to begin. David prayed about the wicked who wanted to destroy his peace. He acknowledged God’s mercy. There’s nothing like another chance when you’ve stumbled and know you’ve failed. David asked for God’s help to live righteously before unbelievers. He committed the unfaithful to God so he wouldn’t worry about them. David offered some suggestions. “Let them fall by their own counsels.” I like that. It helps the attitude, if it doesn’t do anything else. Then he asked God to bless the righteous. David closed by acknowledging God’s protection. That is a simple prayer. It doesn’t take long. It started with “Give ear to my words, O Lord.” That’s an easy way to start the day.