

## PRAYING PSALM 55

“...I am restless in my complaint, and moan noisily, because of the voice of the enemy, because of the oppression of the wicked...” Psalm 55:2-3).

The probable occasion of this psalm is Absalom’s rebellion. There are two main thoughts: 1. DAVID’S APPEAL (1-15). His prayer for himself. His complaint about his enemy (1-2). His concern about his feelings (3-5). His cry to escape (6-8). 2. DAVID’S ASSURANCE (16-23). The Lord will deliver. The Lord will answer prayer. The Lord will afflict His enemies. The Lord will sustain. The Lord will bring His enemies down.

When you are oppressed and scared, begin with your thoughts and feelings. Let them lead you to start a conversation with God. Lean on Him. Ask God to help you determine what you can control verses what you can’t control. Commit to God what you can’t control. Trust God where you are. Place yourself into God’s hands. Express your confidence that God can do and will do what you can’t do. Then go about your business until the next time you pray (17). Follow the plan until your fears go away or the threat is gone.