

PRAYING PSALM 69

This psalm is ascribed to David. The psalm contains five main thoughts. 1. HIS CONDITION (1-6). The waters have come up to my neck. I sink in deep mire. I am weary with my crying. Those who hate me without a cause are more than the hairs of my head. You know my foolishness and my sins. 2. HIS CLAIM (7-12). I have borne reproach. The zeal for Your house has eaten me up, and the reproaches of those who reproach You have fallen on me. Those who sit at the gate speak against me, and I am the song of the drunkards. 3. HIS CRY (13-18). Hear me. Deliver me. Draw near to my soul. 4. HIS CALAMITY (19-21). Reproach has broken my heart. I am full of heaviness. No one will take pity. 5. HIS CURSE (22-28). Let their table become a snare. Let their eyes be darkened so that do not see. Let their dwelling place be desolate. Let them be blotted out of the book of the living. 6. HIS CONFIDENCE (29-36). Let your salvation set me on high. I will praise the name of God with a song. I will magnify Him with thanksgiving. God will save Zion. Those who love His name shall dwell in it.

When you are over your head in troubles, try praying this psalm. When you are reproached for serving Christ, pray this psalm. When your heart is broken and heavy, pray this psalm. Ask God to judge your enemies in His time. Praise God with singing, and magnify Him by thanking Him for what He has done for you. Let your praise bring hope for the future. Leave your enemies to Jesus. He will avenge you.