

Romans 8:26-27 – “The Spirit also helps in our weaknesses...the Spirit Himself makes intercession for us with groanings which cannot be uttered...He makes intercession for the saints according to the will of God.”

THE SPIRIT PRAYS FOR US

Sometimes our sufferings take center stage (Romans 8:18). We can't seem to do anything but groan in pain (8:22). Our burden is so heavy, we don't know how to pray. When that happens the Holy Spirit knows what we should pray, and He helps us. He intercedes for us. The Spirit intercedes by experiencing our pain in unutterable “groanings.” The Greek word for groanings means sighs. Sometimes our pain is so deep we might not know what is causing it. When that happens, we can't express it. The Spirit sighs from the depth of our human spirit. He does that when words aren't enough. The Spirit prays from a depth only He knows. When the Spirit prays from within, He sighs. Words aren't always necessary with God. The sighs of the Spirit help us. They bring relief. More importantly, the Spirit prays for us in the perfect will of God. When you feel the need to pray and don't know what to say, go before the Lord and remain there in silence. Allow enough time for the Holy Spirit to search you and to pray from within. The Help will come. You will know that the Holy Spirit has prayed for you in the will of God. That will bring peace. The Spirit will lead you in and through your weaknesses until healing comes, or the grace to live with it.